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PROCEDURE PREP

To ensure your procedure goes smoothly, please follow the information below:

DRIVING – If you have IV Sedation with your procedure, you must have someone drive you home after your procedure. The medications used may cause drowsiness, dizziness, slow response and impaired coordination. **TAXIES ARE NOT PERMITTED.**

DIET - If you have IV Sedation with your procedure, you are unable to have solids up to eight (8) hours prior and clear liquids up to four (4) hours prior to your procedure. After the procedure you may resume your normal diet. If you are a diabetic, please tell your primary care physician to provide your pain physician with special instructions.

CLOTHING -Wear comfortable clothing. We use Betadine or other skin preparations for your procedure and it is possible that it may stain your clothing; please wear clothing that will not get damaged from this solution if it does get on your clothes.

MEDICATIONS - Please take all of your prescribed medications as usual. Stop all non-steroidal anti-inflammatory drugs (NSAIDS) i.e. ibuprofen, Motrin, Naprosyn etc. 1 (one) day prior to your procedure. Aspirin 325 mg should be stopped three (3) days prior to your procedure. If you take a “blood thinner” i.e. **COUMADIN**, please stop this drug for five (5) Days, **PLAVIX** ten (10) days and **LOVENOX** twenty-four (24) hours before your procedure **after contacting your internist**. It is recommended that those taking a blood thinner have their INR checked and results brought with you the day of the appointment. Please inform the scheduler for further instructions. 0

CANCELLATIONS - To ensure your safety, if any of the above guidelines have not been met, your procedure will be cancelled. Metro Denver Pain Management requires that **any cancellations be made at least 48 business hours prior to your scheduled appointment** by calling our office at 303-750-8100. Failure to do so will result in an \$80.00 cancellation fee. Any questions regarding this policy should be directed to our office management.

AFTER YOUR APPOINTMENT -You will be given a Follow-Up Sheet regarding the treatment that was ordered by the physician. At that time, you can schedule your next appointment or procedure in office or call at your convenience after a procedure at a facility!

If you have any questions, please feel free to contact the office at 303-750-8100.

Thank you,
MD Pain